

## Sport Grade Descriptors

Topic and AO	1	2	3	4	5	6	6+
BASKETBALL (BOYS)	<p>Predominantly uses 1 hand to dribble but can use weaker hand in practice. Displays some control when dribbling however looks at the ball. Can use a variety of passes but struggles with accuracy. Struggles to use correct technique for shooting. Demonstrates basic skills in the game but is unlikely to threaten opponent.</p>	<p>Predominantly uses 1 hand but can use both hands/Change hands dribbling with some control in practice.  Uses a range of passes with some accuracy in practice and games. Shooting technique 'set shot' used with some success but lacks power/accuracy  Demonstrates basic skills in a game and has the capability to threaten opponents</p>	<p>Pass and dribble effectively in a game   Can demonstrate correct set shot and layup technique with some accuracy.  Knowledge and demonstration of basic attacking or defensive tactics in games.</p>	<p>Effective with either hand and can change direction and speed when dribbling.   Can pass accurately in games using a range of techniques.  Layups and set shots from close range shows accuracy under pressure.  Knowledge and demonstration of basic attacking and defensive tactics in games.</p>	<p>   Passing effectively with good technique whilst on the move.  Chooses effective shooting techniques consistently including standing jump shots. Shows creativity within the game situation to outwit opponents e.g. use of fake, and has a strong influence on a game. Clear knowledge of rules and can officiate a game situation with some success</p>	<p>Shows accurate dribbling, passing and shooting techniques to influence the game situation with a high level of consistency.   Clear knowledge of offensive and defensive strategy and can guide others. Selecting and using appropriate tactics within games often.  Can evaluate own and others performance offering appropriate feedback to improve</p>	<p>Shows creativity and a high level of accuracy when dribbling, passing and shooting to influence the game situation. Exerts an influence over the whole game making few unforced errors.  Can evaluate own and others performance offering good level of clear and appropriate feedback to improve.</p>

### Sport Grade Descriptors

NETBALL (GIRLS)	Can use a variety of passes but struggles with accuracy.	Uses a range of passes with some accuracy in practice and games.	Pass effectively in a game	Can pass accurately in games using a range of techniques.	Passing effectively with good technique whilst on the move using correct footwork.	Shows accurate passing, receiving and footwork for 1,2 and 2 landings with pivot.	Shows creativity and a high level of accuracy when passing receiving and using footwork to influence the game situation.
	Can catch balls thrown to them – lack of technique	Can catch a ball thrown to them but struggles to move onto the pass	Can catch a ball with some consistency using correct technique	Can catch using two hands – good when static – beginning to develop a receive in the air with correct landing and balance. Can land with correct footwork in games	Can catch effectively under pressure using footwork rule when receiving ball in the air. Shows creativity within the game situation to outwit opponents e.g. use of fake/dodging/speed, and has a strong influence on a game. Knows who they should mark and likely to make some interceptions.	Can receive the ball in the air and land effectively and balanced	Exerts an influence over the whole game making few unforced errors.
	Understands FW rule and 1-2 landing – struggles to demonstrate this in practice. Struggles to get free on attack and little evidence of marking on defence	Can use correct footwork in practice Marking / dodging is evident at times but lacks any real impact.	Can usually land with correct footwork in games Knowledge and demonstration of basic attacking (dodging) or defensive (marking) tactics in games.	Knowledge and demonstration of basic attacking (dodging/signalling when free) or defensive (marking/positioning) tactics in games. Can play in at least 1 position having influence in the game situation.	Can play in at least 2 positions knowing where they are on and off-side and has a strong influence on a game.	Clear knowledge of offensive and defensive strategy and can guide others. Selecting and using appropriate tactics within games often eg clear signalling; use a sprint / diagonal and feint dodge to get free; delay play by marking ball;	Can evaluate own and others performance offering good level of clear and appropriate feedback to improve.
	Demonstrates basic skills in the game but is unlikely to have influence. Will need to ask where to stand and where they are allowed.	Demonstrates basic skills in a game and has the capability to have small influence. May need to ask where to stand and where they are allowed.			Can play in at least 3 positions making few errors in similar standard play. Can evaluate own and others performance offering appropriate feedback to improve		

## Sport Grade Descriptors

OAA	Use simple maps on my own and with a partner.	Use OAA skills such as map reading and problem solving in known environments to successfully complete challenges.	Use OAA skills such as navigation and problem solving, with consistency and quality.	Perform OAA skills such as Orienteering with consistency and quality.	Perform OAA skills such as Orienteering with a high level of consistency and quality. Good fitness levels and can work at very high intensity. This allows the individual to be highly successful when undertaking Orienteering activities	Perform a range of technical OAA skills such as climbing, orienteering, canoeing or sailing with confidence and accuracy.	Perform a range of technical OAA skills such as climbing, orienteering, canoeing or sailing with confidence, accuracy and consistency.
	Will be able to describe the key points of Orienteering and Identify Cardinal Compass Points.	Will be able to describe the key points of Orienteering and Identify 8 figure Compass Points.		Performs to a good level, and will be able to sustain a good intensity level throughout an orienteering activity	Consistently takes a leading role in in the planning and organising of a teamwork challenge. Can communicate plans to others effectively to meet a challenge.	Undertake a short journey / OAA activity safely, with some efficiency.	Undertake a journey / OAA activity safely, with some efficiency
	Make a contribution to the planning of problem solving tasks.	Make a good contribution to the planning and execution of problem-solving tasks.	Plan activities and effectively use teamwork to meet problem solving challenges.	Plan and organise quickly, in addition to communicating plans to others effectively to meet a challenge.			

## Sport Grade Descriptors

RUGBY	Passes with some accuracy with stronger hand. Some individual skill and basic skills are evident.	Passes with more accuracy and can combine running with the ball, passing and dodging opponents in a game.	Passes with both hand on the move, and combines running with the ball, passing and dodging opponents in a game with precision to get over the gain line.	Passes accurately at pace and shows a high level of skill under pressure. Few unforced errors.	Passes accurately at pace off both hands and uses a variety of skills when under pressure. Very few unforced errors.	Accurate passes at pace off both hands and uses a variety of skills when under pressure e.g. can avoid tackles using effective sidesteps and hand offs with minimal unforced errors.	Can pass accurately over increasing distance with both hands and at pace.
	Able to gain ground with the ball.	Begins to be able to evade an opponent.	Can change pace to evade opponents.	Can avoid tackles using sidestep and hand off.	Influence in attack and defence.	Big influence in the game.	Can sidestep and dummy a pass and uses a variety of ways to avoid opponents.
	Attempts all tackles in practice situation and has some success.	Tackle an opponent in a practice.	Executes tackles cleanly in practice and some success in games	Tackles at a consistently high standard in games.	Tackles at a high standard and effective round the tackle area.	Effective round the tackle area.	Excellent set piece play. Effects the ruck and maul.
	Knows the difference between a ruck and a maul.	Knows how to play the ball in and after the tackle situation.	Perform the skills required in ruck and maul situations and knows the role of key player's position on the team, e.g. scrum half.	Influence in attack and defence. Can support ruck and mauls with effectiveness in a game and understand the different basic positions on the pitch.	Understand the different positions on the pitch and can use the skills and tactics for one of these roles effectively under pressure.	Understands what is required for each position and can use the skills and tactics for more than one of these roles effectively under pressure.	Provides a controlled phase of possession. Shows high level of communication.
			Shows understanding of attacking and defending positional play.				
			Evidence of influence on game.				

## Sport Grade Descriptors

TABLE TENNIS	Able to hold the bat correctly and beginning to use correct actions.	Correct grip and competent action for shots. Range of basic shots evident, with occasional power, control and accuracy. Uses backspin and top spin in some strokes, mainly forehand drive and backhand chop.	Good grip and good action for shots. Range of shots evident, with some power, control and accuracy. Uses backspin and top spin in many strokes, mainly forehand drive and backhand chop.	<b>Good</b> grip allowing a variety of shots to be played with <b>reasonable</b> technique. <b>Good</b> range of shots evident, showing power, control and accuracy. Can use a <b>range of spins</b> in shots including service.	<b>Good</b> grip allowing a variety of shots to be played with <b>good</b> technique. Good range of shots evident, showing power, control and accuracy. Imparts spin effectively.	<b>Good</b> grip allowing a variety of shots to be played with <b>good</b> technique. Good range of shots evident, showing power, control and accuracy. Imparts spin regularly and effectively to outwit opponent.	<b>Good</b> grip and bat movement of all shots. All strokes with spin in evidence. Shows power and some accuracy when attacking and control when defending.
	Plays Basic Forehand and Backhand competently with some direction.	Begin to use correct footwork.	Use of correct footwork.	Correct footwork at speed. Able to vary the height and direction of the ball.	Correct footwork with speed, balance and rhythm resulting in long rallies maintained.	Correct footwork with speed, balance and rhythm resulting in long rallies maintained.	Correct footwork with speed, balance and rhythm resulting in long rallies maintained.
	Able to maintain a steady rally.	Can use correct action on at least two legal services and may have some use of spin.	Variety of serves and some use of spin.				Able to exert high levels of influence in the game in attack and defence and can switch effectively from attack to/from defence.
	Can use correct action with a legal service.	Small ability to influence the rally.	Some ability to influence to game. A knowledge of shot selection and tactical play.	Able to switch effectively from attack to/from defence with a change of skills and tactical play.	Able to exert some influence in the game in attack and defence and can switch effectively from attack to/from defence.	Able to exert some influence in the game in attack and defence and can switch effectively from attack to/from defence.	
	Basic Game knowledge.						

## Sport Grade Descriptors

FOOTBALL	<p>Dribbles but sometimes loses control. Basic control and technique. Struggles to use body parts for control. Control dominated by inside of foot.</p> <p>Passes with correct part of foot, sometimes lacks correct weighting.</p>	<p><b>Control</b> the ball using either feet, knee, or chest but not always an effective first touch. Fails to remove pace from the ball.</p> <p>Pass and receive the ball over longer distances. Occasionally lacking correct weight. Demonstrates basic skills in a game and has the capability to have small influence.</p>	<p>Dribble the ball showing close control when running at opponents.</p> <p><b>Control</b> the ball using either feet, knee, or chest. Ball may not drop as close to feet as desired.</p> <p>Passes the ball accurately while on the move with correct technique. Knowledge and demonstration of basic attacking or defensive tactics in games.</p>	<p>Dribble the ball showing close control when running at opponents with high rate of success.</p> <p><b>Control</b> the ball effectively using either feet, knee, or chest under limited pressure.</p> <p>Passes the ball accurately while on the move with correct technique and using both feet. Demonstration of skills under pressure. Some ability of influence in game either in attack or defence. Appreciates the main tactics involved.</p>	<p>Dribble the ball showing tight control when going past opponents.</p> <p>Control with all parts of the body applied in pressure situations.</p> <p>Passes the ball accurately while on the move using a range of passes with correct technique and using both feet. Able to exert influence in game either in attack or defence. Makes few unforced errors. High level of tactical awareness.</p>	<p>Dribble the ball showing tight control when going past opponents on either side and is beginning to develop a feint. Control with all parts of the body applied in pressure situations.</p> <p>Passes the ball accurately while on the move at pace using a range of passes with correct technique and using both feet Able to exert influence in game in both attack and defence. Makes few unforced errors. High level of tactical awareness.</p>	<p>High levels of balance and ball control when dribbling past an opponent. Uses feint. Control pushes the ball in front of body while moving forward having used all body parts.</p> <p>Uses all types of pass with accuracy, good timing and correct pace. Pass on move with inside and outside of foot. Exerts a very high level of pressure in a game, showing outstanding level of skill and tactical awareness.</p>
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## Sport Grade Descriptors

BADMINTON	<p>Holds racket with a 'v' grip and understand the ready position.          Can Serve towards the correct service box.          Judge where the shuttlecock will be and successfully move towards it  <b>Hit</b> the shuttlecock over the net in a <b>rally</b>.</p>	<p>Can perform <b>high and low serves</b></p> <p>Maintain a rally using both basic forehand and backhand strokes with good technique.          Can perform the <b>overhead clear</b> as part of a rally but normally hits to 2/3rds of the court.          Rallies end by mistake more than by winning shots.          Basic scoring knowledge</p>	<p>Can perform <b>high and low serves well.</b>          Rally using both forehand and backhand strokes with good technique.          Can vary the <b>angle</b> and <b>depth</b> of shots though not always successful.</p> <p>Understands singles scoring and court markings.</p>	<p>Flick and 'mask' the serve with some success.</p> <p>Varies the <b>angle</b> and <b>depth</b> of shots with backhand likely to reach back of the court. They start to anticipate opponent's shots.</p> <p>Understands scoring and court markings in singles and doubles games.</p>	<p>Flick and 'mask' the serve with some success.</p> <p>Varies the <b>angle</b> and <b>depth</b> of shots.          Uses <b>smash with power</b> and <b>drop shots with disguise</b> at correct times in a game. Effective in the game using range of strokes and tactics in singles</p>	<p>Can 'mask' the serve with improved success.</p> <p>Effective in the game using range of strokes and tactics in singles and doubles.          Can perform the net kill, attacking / defensive clears, net shot and block into the net play.          Score and <b>umpire</b> singles and doubles games.</p>	<p>Demonstrate a high standard of technique and <b>disguise</b> while performing all shots.</p> <p>Highly effective in the game using range of strokes and tactics in singles and doubles.</p> <p>Score and <b>umpire</b> singles and doubles games well.</p>
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## Sport Grade Descriptors

HOCKEY	Demonstrate push hit but passing lacks speed and direction.	Demonstrate push and attempt at long handle hit – struggles with slap hits. Passing lacks speed and direction in a game or under pressure.	Demonstrates push and long handle hit with some direction and accuracy Attempts basic slap hit but body profile may be too high, and pass will lack power.	Demonstrates push slap and hit with some direction and accuracy in practices and gaining confidence in a game.	Can demonstrate push, slap and hit with accuracy and correct weighting of pass.	Can demonstrate push, slap and hit with accuracy and correct weighting of pass in a game.	Can perform a whole Range of passes with accuracy and pace improving in games.
	Can control ball when moving lacks vision ball too close to body Often uses tap dribble rather than ball staying on head of stick Open stick control lack of ability to use reverse stick. Movement slow – does not read game Tackling has little evidence of timing often unsuccessful – stick tackles Struggles to hit the ball consistently when shooting. When the ball is hit lacks control, power and direction. Limited understanding of the rules of the game. Lack awareness of the ball and others and struggles to get involved in the game.	Can control ball when moving with some attempt at a high left elbow but lacks vision - ball too close to body. Open stick control lack of ability to use reverse stick unless stopping ball. *Movement slow - lack of decision making off the ball. Tackling has little evidence of timing often unsuccessful – needs to adopt lower body profile and hands wider apart. Little attempt made to alter grip on the stick for different aspects of the game Can sometimes hit the ball when shooting but lacks power and direction. Able to use the correct grip. Has some knowledge of the rules of the game but struggles to umpire and lacks confidence. When playing in the game tries to get involved but struggles to receive and/or pass the ball.	Can show basic control using open and beginning reverse stick tap and dribble to primarily control the ball rather than to deliver or attack with it. Beginning Indian dribble. Can demonstrate a block tackle with some success – low body profile. Can hit the ball most of the time with some technique correct grip or footwork/ body and head position. Ball is hit with some control, direction, and power. Has some knowledge of the rules but and can umpire making some correct decision. When playing can get involved in the game using basic skills such as passing. Struggles to stop and ball and tackle correctly.	Can show basic control using open and reverse stick – starting to show this when moving in an Indian dribble – correct ball carrying position in a game. Can demonstrate a block tackle with some success – low body profile in a game. Can hit the ball with correct technique when on the move using the cross over step with power but can sometimes lack direction. Has knowledge of the rules and can umpire making correct decision most of the time. When playing is able use most of the skills required to play the game. Can pass, receive the ball and dribble. Can lack control at times.	Can bring ball under control using open and reverse stick and moves towards the ball in all aspects of play. Movement off the ball is good and in a game they stand out as being a key player showing strength and skill. Can demonstrate a block tackle with some success – low body profile in a game. Can hit the ball with correct technique when on the move using the cross over step with power and direction. Has knowledge of the rules and can umpire correctly making the correct decision. When playing gets involved in the game using most of the skills required. Shooting, passing, receiving the ball, tackling and dribbling. Able to eliminate opponents.	Can bring ball under control and moves towards the ball in all aspects of play within a game. Shows consistent core skills in game play. Can outwit opponent using a dribble or pass in a game. Strong low balanced position when tackling, timing of tackle consistent in a game. Can spot errors and coach others to improve their performance in these skills suggesting why the changes will benefit the performance. Can hit the ball with both open and reverse stick. Reverse stick may lack accuracy and power. Has a sound knowledge of the game and is able to umpire efficiently. When playing can have an impact on the game with good technique in all skills required to play the game.	Able to control the ball using open and reverse stick showing good first touch. Uses a range of individual skills to outwit opponent. Can show changes of pace and direction when carrying the ball. Selects correct tackle, and also uses a channel at appropriate moments to delay play – uses jab shadow and channel. Exerts an influence over the whole game making few unforced errors



## Sport Grade Descriptors

ATHLETICS	<p>Link running, throwing, and jumping skills to <b>perform</b> in athletic events</p> <p>Throw using a basic technique in 1 event</p>	<p>Run with a <b>controlled action</b> in a sprint and 800m run</p> <p>Use a basic technique in at least 2 jumps and 1 throw</p> <p>Apply some basic <b>rules</b> of competition</p>	<p>Run with a <b>controlled action</b> in a sprint and 800m run</p> <p>Use a basic technique in at least 2 jumps and 2 throws</p> <p>Apply some basic <b>rules</b> of competition – no throw, false start, sprint start, no jump, measuring</p>	<p>Perform a <b>sprint</b> with a good arm drive and knee lift</p> <p><b>Pace</b> an 800m/1500m run successfully</p> <p>Use the correct technique in at least 1 jump and 1 throw</p> <p>Can officiate at least 1 jump / throw</p>	<p>Perform a <b>sprint</b> with a good arm drive and knee lift and accurate sprint starts</p> <p>Run 800m/1500m using pacing to ‘run’ the whole event successfully.</p> <p>Use the correct technique in at least 1 jump and 2 throws</p> <p>Can officiate at least 1 jump / throw</p>	<p>Perform with a good level of speed, power and technique in a sprint and jump event</p> <p>Display a good level of stamina in an 800m/1500m run and show an understanding of <b>tactics (Pacing) and strategies (Order in relay – Use other lanes to help positioning)</b></p>	<p>Perform with a high level of <b>speed, power</b> and technique in a sprint and jump event</p> <p>Display a high level of <b>stamina</b> in a middle/long distance run and a high quality performance in at least 2 events</p> <p>7 Grade or above in 2 events</p>
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## Sport Grade Descriptors

	Activity : <b>ATHLETICS</b>		Year Group : <b>7-11</b>						
	JAVELIN	SHOTT PUTT	LONG JUMP	TRIPLE JUMP	HIGH JUMP	100m	200m	300m	800m
<b>BOYS</b>	1 – 6.00m	1 – 3.00m	1 – 1.60m	1 – 4.70m	1 – 0.70	1 – 19.50s	1 – 48.0s	1 – 68.0s	1 – 5.20m
	2 – 8.00m	2 – 3.60m	2 – 2.00m	2 – 5.00m	2 – 0.80	2 – 18.70s	2 – 43.20s	2 – 63.0s	2 – 4.50m
	3 – 10.00m	3 – 4.00m	3 – 2.50m	3 – 5.80m	3 – 0.90	3 – 18.00s	3 – 40.0s	3 – 60.2s	3 – 4.00m
	4 – 12.00m	4 – 4.80m	4 – 3.00m	4 – 6.40m	4 – 1.00m	4 – 17.50s	4 – 37.0s	4 – 58.3s	4 – 3.40m
	5 – 19.00m	5 – 6.80m	5 – 3.80m	5 – 8.50m	5 – 1.25m	5 – 15.0s	5 – 31.6s	5 – 53.0s	5 – 3.05m
	6 – 26.00m	6 – 8.60m	6 – 4.40m	6 – 9.70m	6 – 1.40m	6 – 13.4s	6 – 28.0s	6 – 49.0s	6 – 2.38m
	7 – 30.00m	7 – 9.00m	7 – 4.80m	7 – 10.30m	7 – 1.55m	7 – 12.6s	7 – 25.50s	7 – 43.0s	7 – 2.30m
	8-9 - above	8-9 - above	8-9 - above	8-9 - above	8-9 - above	8-9 – below 12.6s	8-9 – below 25.50s	8-9 – below 43.0s	8-9 – below 2.30m
<b>GIRLS</b>	1 – 5.50m	1 – 2.80m	1 – 1.50m	1 – 4.20m	1 – 0.60m	1 – 20.0s	1 – 50.0s	1 – 75.0s	1 – 5.30m
	2 – 7.20m	2 – 3.60m	2 – 1.80m	2 – 4.80m	2 – 0.70m	2 – 19.70s	2 – 45.0s	2 – 70.0s	2 – 5.00m
	3 – 8.50m	3 – 4.00m	3 – 2.40m	3 – 5.40m	3 – 0.80m	3 – 18.70s	3 – 42.0s	3 – 65.0s	3 – 4.25m
	4 – 9.00m	4 – 4.60m	4 – 2.80m	4 – 6.00m	4 – 0.90m	4 – 17.50s	4 – 37.0s	4 – 60.0s	4 – 4.10m
	5 – 14.00m	5 – 5.70m	5 – 3.50m	5 – 8.05m	5 – 1.10m	5 – 15.0s	5 – 31.6s	5 – 55.0s	5 – 3.20m
	6 – 17.00m	6 – 6.80m	6 – 3.90m	6 – 9.00m	6 – 1.25m	6 – 14.40s	6 – 29.0s	6 – 52.2s	6 – 3.00m
	7 – 20.00m	7 – 7.60m	7 – 4.20m	7 – 9.70m	7 – 1.40m	7 – 13.60s	7 – 27.6s	7 – 45.0s	7 – 2.45m
	8-9 - above	8-9 - above	8-9 - above	8-9 - above	8-9 - above	8-9 – below 13.60s	8-9 – below 27.6s	8-9 – below 45.0s	8-9 – below 2.45m

## Sport Grade Descriptors

CRICKET	Bowl either under or over-arm.	Bowl over-arm with basic action.	Batting or Bowling has good technique, and all elements fielding effective. Bowl with correct technique and improved consistency of line/length.	Batting or Bowling has good technique, and all elements fielding are Good. Bowl with correct technique using good line/length/Can use pace and spin.	Performs Batting or Bowling to a high level and all elements of fielding are high level of ability. Bowl: Full use of run up, and transition. Correct technique using good line/length/Can use pace and spin effectively.	As Level 5 but shows tactical knowledge to work out the batter's weaknesses and exploit them varying line, length, speed and spin of bowling. Concentrates when batting, to try and anticipate the next delivery and demonstrate control to place shots.	Performs Batting or Bowling to an excellent level and all elements of fielding are very high level of ability.
	Field the ball over short distances.  Demonstrate a reasonable grip when batting, and can hit the ball.	Field the ball over short distances, and can perform long barrier in practice.  Batting can play forward and backward defensive shots although technique may be awkward. Attacking skills evident.	Perform a variety of fielding techniques: catching in the deep, long barrier, etc.  Bat correctly uses defensive and attacking shots (mainly drive and pull).	Select the correct fielding techniques and apply them consistently eg catching in the deep, long barrier, etc.  Bat correctly selects when to and uses defensive and attacking shots (mainly drive and pull).	Select the correct fielding techniques using either hand and apply them consistently. Shows tactical knowledge.  Bat: correctly selects when to and uses defensive and attacking shots (drive, cut pulls and glances).	Has excellent fielding ability, throws over the top of the stumps and can catch with little error.	Bat: Uses full range of defensive and attacking shots with confidence (drive, cut pulls and glances).  Excellent fielding ability in two positions.

## Sport Grade Descriptors

<p><b>ROUNDERS / SOFTBALL</b></p>	<p>Perform an underarm and over arm throw Catch a ball with some success  Hold the bat aiming to hit the ball.</p>	<p>Throw, catch and bowl underarm Run around the posts/bases with speed and make decisions about when to stop Hold the bat showing the correct grip and stance. Able to strike the ball when batting. Showing understanding of the basic rules of the game</p>	<p>Throw with power and accuracy Make decisions about how to stop when batting and where to send the ball when fielding Strike the ball when batting with some success. Showing understanding of the rules of the game</p>	<p>Retrieve a ball and return it to the field with power and accuracy Bowl with some accuracy, speed and length  Strike the ball with power and move around the posts/bases with speed Showing understanding of the rules of the game Knowledge and demonstration of basic batting and fielding tactics in games.</p>	<p>Performs Batting to a high level and all elements of fielding are high level of ability. Bowling is effect, using pace or spin with accuracy. Strike the ball with power and is able to place the ball to gaps in the field. Anticipate where the ball is going and stop it using the a range of fielding techniques including long barrier or either hand Knowledge and demonstration of batting and fielding tactics in games.</p>	<p>As Level 5 but shows tactical knowledge to work out the batter's weaknesses and exploit them varying speed and spin. Concentrates when batting, to try and anticipate the next delivery and demonstrate control to place shots. Has excellent fielding ability, throw to required bases, and can catch with little error. Influence a game in a range of positions and coach their team to play the correct tactics.</p>	<p>Performs Batting to an excellent level and all elements of fielding are very high level of ability. Bowl: Excellent control of accurate, Pace and Spin. Bat: Uses full range of angles to place the ball to avoid the fielding players. Excellent fielding ability in two positions.</p>
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## Sport Grade Descriptors

<p><b>TENNIS</b></p>	<p>Play <b>forehand</b> with some basic control and accuracy.</p> <p>Serve <b>underarm</b>.</p> <p>Judge where the ball will be and successfully move towards it.</p>	<p>Play <b>forehand</b> with some control and accuracy. Use backhand but this is affected by late preparation and poor footwork/movement.</p> <p>Serve <b>mainly sideways on</b>, with some success.</p> <p>Judge where the ball will be and successfully move towards it to maintain a <b>short rally</b>.</p> <p><b>Basic Scoring Knowledge</b></p>	<p>Uses both forehand and backhand strokes, competently. Backhand lacks basic direction and accuracy.</p> <p>Perform a basic <b>over-arm serve</b></p> <p><b>Starts to anticipate opponents shot to maintain a rally.</b></p> <p>Can score a <b>singles</b> game</p>	<p>As Level 3 but beginning to show length and placement of shots. Backhand still lacks full accuracy. Can use forehand and backhand volleys.</p> <p>Perform consistent <b>over-arm serve but may lack power.</b></p> <p><b>Anticipates opponents shot to select next shots.</b></p> <p>Can score a <b>singles</b> game</p>	<p>Good technique whilst performing basic strokes. Rally forehand and backhand from baseline with evidence of spin/slice. Confident volley's with control.</p> <p>Serve good with some power.</p> <p>Strokes and tactics evident but may break down under pressure.</p> <p>Moves well around court. In <b>doubles</b> shows an awareness of partner and an understanding of scoring and court markings.</p>	<p>As Grade 5 but uses Smash with power and placement.</p> <p>Variety of service. Use of lob with spin but not fully accurate. May attempt drop shot with slice.</p> <p>Strokes and tactics evident under pressure.</p> <p>Able to umpire singles and doubles confidently.</p>	<p>Correct technique on full range of shots.</p> <p>Excellent variety of ground strokes at baseline. Some success using drop shot with slice. Variety of serves including power and efficient placement.</p> <p>High standards of movement around court with high level of tactics evident.</p>
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